



The Red Cow Allestree

MAIN MENU

Starters and sharers

Soup of the day served with warm bread and whipped butter £5.25 **2,7 can be GF**

Mushroom galette. Baby mushrooms in a garlic cream sauce with spinach, topped with melted brie on a freshly baked puff pastry disc £6.75 **2,7 can be GF**

Crispy whitebait with smoked paprika, tomato and lemon mayo £5.75 **2,4,5**

Three cheese flatbread, fresh mozzarella, Monterey jack and cheddar cheese with sundried tomatoes, pesto and fresh basil. £5.25 **2,7**

Pot of hummus with baked bread and house salad £4.95 **2,7,9 GF**

Red cow fish board. Cod goujons, prawns in Marie rose sauce, Chefs fishcake, smoked salmon, thick cut bloomer and whipped butter £8.45, or to share £14.95 (Please ask for allergens in fish cake) **2,3,4,5,7,9**

Sandwiches and salads

Triple decker club sandwich. Chicken breast, smoked bacon, baby gem, tomato, Piri Piri mayo and seasoned fries £10.45 **2,4,7 can be GF**

Chilli chicken sandwich with baby gem, tomato, and paprika mayonnaise served on a chargrilled bloomer with seasoned fries £9.95 **2,4,7 can be GF**

Open steak sandwich. Chargrilled rump steak in a creamy red wine and peppercorn sauce on chargrilled bloomer with seasoned fries. Served medium rare. £10.95 **2,4,7 Can be GF**

Prawn sandwich with crispy iceberg lettuce, Marie rose sauce and paprika, served on bloomer bread with house salad £9.95 **2,3,4,7 Can be GF**

Traditional Greek salad with tomatoes, cucumber, onions, olives and feta cheese £8.95 **7 GF**

Add chicken for £3.45

Mains

Beer battered cod, hand cut chips, mushy peas, tartare sauce and lemon wedge £13.75 Small portion

£7.95 **2,5, 9, 14 Can be GF**

Homemade steak and red cow ale pie with hand cut chips or creamed potatoes, seasonal vegetables, and a pot of gravy £12.95 **1, 2, 7,14**

Veg pie of the day, hand cut chips or creamed potatoes, vegetables, and a pot of gravy £11.95 **1, 2,7,14**

Butterflied chicken breast with creamy mash, sauteed green beans and chorizo cream sauce £13.25 **7 GF**

Lambs' liver & bacon with creamy mash, garden peas and gravy £10.45, Small portion £7.95 **7 Can be GF**

Homemade beef lasagne topped with fresh mozzarella and served with garlic focaccia £12.45 **2,4,7**

Salmon and dill fishcakes on fresh rocket with chilli jam, house salad and hand cut chips £12.95 **2,5,7**

Pan fried seabass served with egg noodles, stir fry Asian veg and oyster sauce £13.75 **2,4,5,8**

Creamy mushroom and stilton pasta with garlic focaccia £9.95 **2,4,7**

Today's speciality sausage with creamy mash, garden peas, gravy £11.45 small portion £7.95 **2,7,14 (ask for today's selection) ask if GF**

SEE OUR SPECIALS BOARD FOR TODAY'S SPECIALS

Burgers and steaks

The Red Cow cheese and bacon beef burger, fried onions and Monterey Jack cheese, smoked bacon, on toasted brioche with gherkin, lettuce, tomato, onion rings, coleslaw, burger sauce with seasoned fries

£13.25 **2,4,7,14 Can be GF**

Red Cow Vegan burger, served with melted vegan cheese on a toasted bun with baby gem lettuce, tomato, onion rings and vegan slaw with hand cut chips or seasoned fries £13.95 **2**

Owen Taylors steak of the week, hand cut chips, confit mushroom and vine tomato, beer battered onion rings, buttered peas. Please ask for this week's choice. £18.95 **2,14** Add peppercorn sauce or blue cheese sauce £2.95 **7 Can be GF**

Owen Taylor's gammon steak with chargrilled pineapple, fried egg, confit mushroom and vine tomato, buttered peas, hand cut chips £13.95. Half portion £7.95 **4,7 Can be GF**

Sides and extras

Seasoned fries £3.45 Hand cut chips £3.45 House salad £2.95 **9**
Salt and pepper chips £4.45 Hand cut chips with melted cheese £ 4.45 **7**
Beer battered Onion rings £3.45 **2 Can be GF** Creamy mash potato £3.25 **7**
Halloumi fritters with sweet chilli sauce £4.95 **2,7,11 ,14 Can be GF**

The Pizza Oven at The Red Cow (All Pizzas can be gluten free)

THE MARGHERITA, Tomato sauce, fresh tomatoes, fresh basil, buffalo mozzarella £9.95 **2,7**

THE SPICY MEAT FEAST Spicy Italian salami, pepperoni, prosciutto, spicy chicken and fresh chillies, tomato sauce and mozzarella £11.95 **2,7**

THE POSITANO Pepperoni, spicy tomato sauce, buffalo mozzarella £10.95 **2,7**

THE CHICKEN TIKKA. Chicken tikka, spicy tomato base, fresh peppers and onions, red pepper sauce buffalo mozzarella and mint riata and fresh coriander £11.95 **2,7**

THE HAWAIIAN Roasted pineapple, prosciutto, red onion, tomato sauce, buffalo mozzarella £10.75 **2,7**

THE VEGETARIAN Mozzarella, fresh peppers, olives, cherry tomato, red onion, mushrooms, tomato sauce and balsamic £10.25 **with Vegan cheese** £10.95 **2,7,14**

Garlic and herb dough balls £4.95 **2,7** Cheesy garlic bread £5.95 **2,7**

Allergens Key: 1-celery. 2-cereals, 3-crustaceans. 4-eggs. 5-fish. 6-lupin .7-dairy. 8-mollucus. 9-mustard.

10-nuts. 11-peanuts. 12 sesame seeds. 13-soya. 14-sulphur dioxide.

***PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES OR INTOLERANCES
BEFORE PLACING YOUR ORDER. GF= Gluten Free option. All our food is prepared fresh to
order in a kitchen where allergens are present, during busy times there may be a slight delay so please
bear with us.***